

# FAIRTRADE HORSHAM NEWS

Issue 13 Autumn 2014



## Christmas Market Traders include:

### Cocoa Loco

Hand made organic  
chocolate

### Pim Gleadle

Christmas baubles  
from Kashmir

### Magick Little Helpers

Candles, crafts, herbs

### Sussex Green Living

Eco-friendly products

### Opportunities Through Trade

Christmas foods,  
gifts and cards

**FAIRTRADE CAFÉ**  
serving tea, coffee  
and delicious cakes

All proceeds to  
**MEDECINS SANS  
FRONTIERES**  
working on the  
frontline in the  
**Ebola Emergency**

Do your Christmas  
shopping with a clear  
conscience knowing  
your purchases are  
helping producers in  
poor countries to live  
a better life

## What's Special About Fairtrade?

Fairtrade means that farmers and producers in the developing world:

- ◆ Get a fair price for their product
- ◆ Have decent working conditions
- ◆ Benefit from a fairtrade premium, to invest in their local community

In Belize, investment of the premium in farming improvements has increased production by an amazing 30%. In Malawi, sugar farmers have been able to increase their food security through wise investment of their fairtrade premium.

Horsham is one of over 500 Fairtrade Towns in the UK which promote the sale of fairtrade goods in shops, cafés and restaurants, and the use of fairtrade products by local businesses, churches and schools.

## Fair Trade Christmas

Market

Saturday

29<sup>th</sup> November

10am – 4pm

at St Johns RC Church Hall

by the Shelley Fountain



Follow us on Facebook and Twitter

[www.fairtradehorsham.org.uk](http://www.fairtradehorsham.org.uk)

E-mail: [info@fairtradehorsham.org.uk](mailto:info@fairtradehorsham.org.uk)

**FAIRTRADE NEWS****FAIRTRADE SCHOOLS**

*We have three  
Fairtrade schools in  
Horsham:*

*St John's RC Primary  
St Robert Southwell  
RC Primary  
Southwater Infants  
Academy*

*If your school is  
interested in  
becoming a Fairtrade  
School go to the  
Fairtrade Foundation  
website*

*www.fairtrade.org  
or contact us at  
info@fairtradehorsham.co.uk*

*The new café at  
Dixey CB Opticians in  
West Street serves  
delicious Fairtrade  
coffee and tea!*

**Sparks in the Park**

*There was lots of  
interest in our stall and  
"Name the Dragon"  
competition at  
"Sparks in the Park"  
held in Horsham Park  
in July.*

*We had 143  
entries in the  
Competition.*

*Our favourite was  
FERNANDO  
the fruit-eating, friendly,  
Fairtrade dragon!*

## RECIPE CORNER

### FAIRTRADE BANANA BREAD

**Ingredients:**

- 225g self-raising flour
- 100g butter
- 150g brown Fairtrade caster sugar
- 450g Fairtrade bananas (the softer the better)
- ½ tsp salt
- 2 eggs
- 175g Fairtrade mixed dried fruit

Pre-heat the oven to 180C/350F/Gas 4.

Mix all the of the ingredients except the dried fruit together. You can do this in a food processor or by hand in a mixing bowl.

When the ingredients are all thoroughly combined, fold in the dried fruit.

Spoon the batter mixture into a 1kg/2lb non-stick loaf tin, spread it out evenly and bake it for one and a half hours.

When the banana bread has risen, is golden-brown on top and cooked through, remove it from the oven and set aside to cool on a wire rack. Slice before serving.

Serves 8

## FAIRTRADE FORTNIGHT

### FEBRUARY 23rd-MARCH 8th 2015

90% of the UK public know of, and trust, the FAIRTRADE Mark but there is still a long way to go to make all trade fair. Sadly just 1% of cocoa and less than 10% of tea globally is traded on Fairtrade terms.

So for Fairtrade Fortnight 2015, we're going to celebrate the impact of Fairtrade and turn a spotlight on the producers who grow the products we love. By sharing their stories in a fresh and compelling way, we will demonstrate the dramatic difference choosing Fairtrade makes, and how much it is still needed.

**We will be in Swan Walk on Saturday February 28th  
celebrating Fairtrade success stories. Come and see us!**

www.fairtradehorsham.org.uk

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